

Focus Occupation: **Fitness Trainers and Aerobics Instructors** (39-9031)

Focus occupation: Fitness Trainers and Aerobics Instructors

Employment and Growth	728/ 13.9%
Ave. Monthly Wage	\$3,014
Education/Experience	High school diploma or equivalent

Advance FROM Focus Occupation

Occupation	Rung	Employment/ Growth	Education/Experience	Similarity
Physical Therapists (29-1123)	7	529/ 32.6%	PHD	74
Recreation and Fitness Studies Teachers, Postsecondary (25-1193)	6	n/a	PHD	77
Health Educators (21-1091)	5	243/ 28.6%	BA	76
Athletic Trainers (29-9091)	4	42/ 13.5%	BA	86
Physical Therapist Assistants (31-2021)	4	76/ 33.3%	AA	72
Recreational Therapists (29-1125)	3	232/ 34.1%	BA	77
Choreographers (27-2032)	2	n/a	HS/5 plus yrs	71
First-Line Supervisors of Personal Service Workers (39-1021)	2	327/ 13.1%	HS/1-5 yrs	74
Massage Therapists (31-9011)	2	402/ 31.4%	VOC	74
Self-Enrichment Education Teachers (25-3021)	2	408/ 12.1%	HS/1-5 yrs	70
Athletes and Sports Competitors (27-2021)	1	41/ 7.9%	HS	92
Coaches and Scouts (27-2022)	1	421/ 14.1%	HS	76

Transfer TO and FROM Focus Occupation

Occupation	Rung	Employment/ Growth	Education/Experience	Similarity
Dancers (27-2031)	0	184/ 9.5%	HS	79
Dietetic Technicians (29-2051)	0	35/ 29.6%	HS	70
Entertainers and Performers, Sports and Related Workers, All Other (27-2099)	0	64/ 12.3%	HS	71

Advance TO Focus Occupation

Occupation	Rung	Employment/ Growth	Education/Experience	Similarity
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Physical Therapist Aides (31-2022)	-1	82/ 32.3%	HS	71
Recreation Workers (39-9032)	-2	847/ 9.9%	BA	80
Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)	-3	523/ 7.8%	HS	71

Important note: A worker does not necessarily have to traverse every rung to advance to or from the focus occupation. Occupations above and below the focus occupation are directly related to the focus occupation, but they are not necessarily directly related to each other. For example, actors and athletes are both related to agents of artists, performers, and athletes, but actors and athletes are not directly related to each other.

Analysis and development of the career lattice is by the Alaska Department of Labor and Workforce Development, Research and Analysis Section.

Data sources used for research and analysis: O*NET (Occupation Information Network), Alaska Occupational Data Base (ODB), Standard Occupational Classification Manual, North American Industry Classification System manual, Bureau of Labor Statistics Occupational Employer Survey (OES) wage estimates.